

## Leadership Training for Women and Train the Trainers

20/21 September 2019 Tallinn, Estonia



Another successful BPW Leadership Training for Women was held in Tallinn, Estonia, on September 20-21, 2019. A group of 40 enthusiastic participants worked on theory, practical exercises and best practices as part of the intense and fun training days.

Led by a highly experienced team of international trainers, participants from Estonia, Germany, Finland, France and Austria focused on themselves as leaders and how to motivate their team. The comprehensive view and special setting, where you could share experiences in a womenonly group, made this program unique and offered an empowering environment for women leaders. The inspirational and practical program empowers women in achieving their personal and professional goals and enhancing their management and leadership skills.





The Leadership Training was followed by a Train-the-Trainers workshop for interested BPW European trainers to gain in-depth knowledge of the leadership program and be able to promote the leadership trainings to BPW members and other women.

In addition several side events were arranged by Anu Viks, Past President of BPW Estonia and event organiser, that provided insights into the Estonian business community and opportunities for networking. Participants were also treated to a tour of the beautiful old town of Tallinn and excellent dinners in the area restaurants where they had time to get to know each other better in informal settings.



Trainers included Anu Viks and Ester Eomois, Estonia, Conny Montague and Sabine Grosser, Germany Ann Wood and Petya Barraud, Switzerland



For further information about hosting a BPW Leadership Training in your club, contact Conny Montague, Chair of the BPW Task Force Leadership & Lifelong Learning, <u>Conny.Montague@bpw-europe.org</u>