

YOUNG BPW CYPRUS

LEADERSHIP ACADEMY: “WOMEN IN LEADERSHIP – DEFINING OUR STRENGTHS”

APRIL 12-13, 2008, LARNACA, CYPRUS

In the beautiful setting of a 5* hotel, right on the beach, 22 vibrant ladies enjoyed a weekend of learning, activities, and fun! Heleni Argyrou gave a drum inspired creative and emotional opening to the event. The trainers, Trish Knight and Carolyn Grady traveled all the way from the United States, and managed to impress all the participants! Despite, the jetlag, they did a fantastic job presenting various topics, ranging from identifying the different behavioral styles and applying more effective communication techniques, to learning how to listen and ask the right questions, to improving presentation skills, to practicing positive thinking and positive self talk. Miranda Ioannou presented very useful techniques of investing in oneself and to safeguard a career. Miranda Tringis gave an enlightening presentation on women and wellness. At night, traditional Cypriot food and wine was savored at a village taverna. The weekend ended up with excellent reviews and promises for the organization of a similar event in the future. And of course, with many new good friends!

